



# TAMIL NADU OPEN UNIVERSITY

Chennai - 15

School of Social Science

SPOT ASSIGNMENT

Programme Name	:	M.Sc., Psychology First year (II Semester)
Course Code & Name	:	MSYS/MCPS-21, Psychopathology & Mental Health
Batch	:	AY CY 2021 Onwards
No. of Assignments	:	One Assignment for Each 2 Credits
Maximum CIA Marks	:	30 (Average of Total No. of Assignment)

## Assignment - 1

Max : 30 Marks

**Answer any one of the question not exceeding 1000 words**

1. Write about the Classification of mental disorders.
2. Describe the Substance related disorders.
3. Describe about Schizophrenia.



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**Assignment - 2**

**Answer any one of the question not exceeding 1000 words**

1. What are Sexual and Gender Identity disorders?
2. Write a note on Clinical Assessment.
3. Describe about Mental health Model



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Programme Name	: M.Sc., Psychology First year – II Semester)
Course Code & Name	: MSYS/MCPS-22, Counselling Skills & Techniques
Batch	: AY CY 2021 Onwards
No. of Assignments	: One Assignment for Each 2 Credits
Maximum CIA Marks	: 30 (Average of Total No. of Assignment)

**Assignment – 1**

Max : 30 Marks

**Answer any one of the question not exceeding 1000 words**

1. What are Specific Counselling skills? Explain.
2. Explain the Egan's problem management approach to helping.
3. Narrate the Qualities of the Effective Listener.



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Maximum CIA Marks	: 30 (Average of Total No. of Assignment)

**Assignment – 2**

**Answer any one of the question not exceeding 1000 words**

1. Write a note on Facilitation Activities.
2. Explain the Problem Solving Activities.
3. Discuss about Counselling applied to drugs and alcohol abuse.



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Programme Name : M.Sc., Psychology First year – II Semester)  
Course Code & Name : MSYS/MCPS- 23, Psychometry  
Batch : AY CY 2021 Onwards  
No.of Assignments : One Assignment for Each 2 Credits  
Maximum CIA Marks : 30 (Average of Total No. of Assignment)

**Assignment - 1**

Max : 30 Marks

**Answer any one of the question not exceeding 1000 words**

1. List out the Characteristics of Standardized Test.
2. Describe the Types of Attitude Scales.
3. Discuss about Concept of Validity.



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Programme Name : M.Sc., Psychology First year – II Semester)  
Course Code & Name : MSYS/MCPS- 23, Psychometry  
Batch : AY CY 2021 Onwards  
No.of Assignments : One Assignment for Each 2 Credits  
Maximum CIA Marks : 30 (Average of Total No. of Assignment)

**Assignment - 2**

**Answer any one of the question not exceeding 1000 words**

1. Explain the concept Reliability and Reliability measures.
2. Describe the Meaning and Purpose of Norms.
3. Explain the Advantages and Disadvantages of Computerized Testing.



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Programme Name : M.Sc., Psychology First year – II Semester)  
Course Code & Name : MSYS/MCPS- 24, Sports Psychology  
Batch : AY CY 2021 Onwards  
No. of Assignments : One Assignment for Each 2 Credits  
Maximum CIA Marks : 30 (Average of Total No. of Assignment)

**Assignment - 1**

Max : 30 Marks

**Answer any one of the question not exceeding 1000 words**

1. Explain the development of sport psychology in India and worldwide.
2. List out the characteristics and cognitive process in sports.
3. Write a note on Flow in Sports.



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**SPOT ASSIGNMENT**

Programme Name : M.Sc., Psychology First year – II Semester)  
Course Code & Name : MSYS/MCPS- 24, Sports Psychology  
Batch : AY CY 2021 Onwards  
No. of Assignments : One Assignment for Each 2 Credits  
Maximum CIA Marks : 30 (Average of Total No. of Assignment)

**Assignment - 2**

**Answer any one of the question not exceeding 1000 words**

1. Discuss the Techniques of motivating the Athletes.
2. Explain the Psychological preparation for competition.
3. Describe about Sports and Personality.





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**SPOT ASSIGNMENT**

Programme Name	:	M.Sc., Psychology First year – II Semester)
Course Code & Name	:	MSYS/MCPS- 25, Psychological (Test) Assessment
Batch	:	AY CY 2021 Onwards
No. of Assignments	:	One Assignment for Each 2 Credits
Maximum CIA Marks	:	30 (Average of Total No. of Assignment)

**Assignment - 1**

Max: 30 Marks

**Answer any one of the question not exceeding 1000 words**

1. What is Interest How it can be assessed.
2. What is Stress? How it can be assessed?
3. How will you assess the Study Skills of your subject?



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No. of Assignments	:	One Assignment for Each 2 Credits
Maximum CIA Marks	:	30 (Average of Total No. of Assignment

**Assignment - 2**

**Answer any one of the question not exceeding 1000 words**

1. How will you assess the Job involvement of your subject?
2. How will you assess the Job satisfaction of your subject?
3. How will you assess the Assertiveness of your subject?